

news release

Area 9 In-Home & Community Services
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FOR IMMEDIATE RELEASE

June 7, 2010

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2010 SENIOR GAMES SET FOR JUNE 14th-18th

June 14-18, 2010 will be an exciting week of athletic and recreational activities designed to promote a healthy lifestyle at any age!

Hundreds of people age 55 and over will be participating in a wide variety of activities that can help them reach...even exceed...their fitness goals. Whether it's a casual walk, a cut-throat game of euchre or a battle for victory on the basketball court, seniors from around the area will come to show the world that it's never too late to start living healthy.

Sponsored by Area 9 In-Home and Community Services Agency, a service of Indiana University East, the 2010 Senior Games will be very similar to previous years and will include such events as golf, bowling, bingo, pool, shuffleboard, croquet, ping pong, and many more! The Opening Ceremony on Monday will be held at and hosted by The Leland Residence in Richmond. We will close the week with a Victory Celebration Dinner Theatre on Friday evening at The Leland Residence featuring a RetroAct Production, "*Once is Enough*", by Jack Sharkey.

Registration forms are available at your local senior center, meal sites, and the Richmond and Connersville offices of the Area 9 In-Home & Community Services Agency.

For more information about the 2010 Senior Games, call Judy Ford, Beth Evans, or Kathy Bridgford at 765-966-1795 or 1-800-458-9345.

Live healthy...play healthy...participate in the Area 9 Senior Games!