

# news release

Area 9 In-Home & Community Services  
Agency  
520 South 9th Street  
Richmond, Indiana 47374-6230  
765-966-1795 or 1-800-458-9345  
[www.area9agency.org](http://www.area9agency.org)

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FOR IMMEDIATE RELEASE

November 2, 2010

Contact: *Karisha Solomon, Caregiver Coordinator*  
765-966-1795 or 1-800-458-9345

## AREA 9 CELEBRATES NATIONAL CAREGIVER RECOGNITION MONTH

Area 9 In-Home and Community Services Agency is a service of Indiana University East that provides in-home and community based services for the aged and disabled population. In celebration of National Caregiver Recognition Month we welcome family and friends who provide informal, unpaid assistance for the physical and emotional needs of another person on November 19<sup>th</sup> 2010 for a FREE Education and Relaxation Day. Come and let us help you put the pieces of the puzzle together with information and education on:

- Meditation
- Medicare Prescription Plans
- Nursing Home Placement
- Support Groups
- Products to Enhance Caregiving (to test and take home)
- Holiday Planning
- Health Screening
- Nutrition & Wellness
- Caregiver Internet Resources
- Tea Sampling
- Spa Treatment

The open house event will be held at Area 9 Agency, 520 S. 9<sup>th</sup> Street in Richmond from 11:00am to 6:00pm. Caregivers need to call to schedule an appointment for prescription plan review, meditation class, or chair massage. RSVPs must be received by November 12<sup>th</sup> to receive a relaxation bag and lunch. To make a reservation or for more information, contact Amy or Karisha at (765) 966-1795 or (800) 458-9345.