

news release

Area 9 In-Home & Community Services
Agency
520 South 9th Street
Richmond, Indiana 47374-6230
765-966-1795 or 1-800-458-9345

n n n n n n n n n n n n n n n

FOR IMMEDIATE RELEASE

December 1, 2008

Contact: *Beth Evans, Meals Program Director*
765-966-1795 or 1-800-458-9345

GIVE THE GIFT OF A MEAL TO SOMEONE IN NEED

You can give the gift of a meal to someone in need and help the mission of the Area 9 Meals Program in assisting older persons and disabled individuals of all ages in leading independent, meaningful and dignified lives in their own homes and communities for as long as possible.

Providing a nutritionally balanced meal can prevent malnutrition that causes greater health problems, longer hospital stays, and premature nursing placement.

However, there are individuals who are nutritionally at risk and do not meet the qualifications of a funded program, or are on a waiting list for a funded program. In fact 1 out of 30 referrals cannot be served because of funding limitations. It is for this reason that Area 9 Agency continues a **Meal Trust Fund**. To receive assistance through the Meal Trust Fund:

- ÿ There must be no other funding available.
- ÿ The individual must be under 60 years of age.
- ÿ The individual is nutritionally at risk.
- ÿ There is no other support for the individual.
- ÿ The individual must have a medical condition.

One meal through the Area 9 Meals Program currently costs \$4.00. For an average month, the total cost for one person would be \$84.00. Not only does the participant receive a nutritious meal, but also has a daily contact to check on their well being.

Support of this special fund will give the gift of hot, nutritional meals to those who need our service and cannot afford to pay the \$4.00 per meal. If you are interested in contributing to the Meals Trust Fund, contact Beth Evans, Area 9 Meals Program Director, at 765-966-

1795 or 1-800-458-9345 or send a check to Area 9 Meal Trust Fund, 520 S. 9th Street,
Richmond, IN 47374.